

Understanding the NDIS: A Quick Guide



Vision Australia
Blindness. Low Vision. Opportunity.

The National Disability Insurance Scheme (NDIS) provides personalised funding to help Australians with disability achieve their goals and live independently.

Key benefits

- **Choice and control:** Flexible funding for preferred providers.
- **Individualised support:** Plans based on personal goals.
- **Community inclusion:** Encourages participation in education, work and social activities.

Types of support available

The NDIS can fund assistive technology, home modifications, support workers, therapy, job support, recreation and transport costs.

The application process

The NDIS process starts with an eligibility application. After approval, a meeting with an NDIS contact reviews needs and goals, followed by a Plan Meeting with the NDIA to finalise the plan. Plans are reviewed annually to meet evolving needs.

Eligibility criteria

To access the NDIS, participants will need to:

- Have a permanent disability that significantly impacts everyday activities.
- Be under 65 years of age when you first enter the NDIS.
- Be an Australian citizen, permanent visa holder or Protected Special Category Visa.

Reach out for more support

The NDIS team can help with program guidance, resources, and applications. Visit [ndis.gov.au](https://www.ndis.gov.au) or call 1800 800 110 to begin the process today.